The listing of facilities is provided for informational purposes. The facilities have no connection with the Paramus Municipal Administration and the Borough makes no representations as to the nature or quality of any services provided. The Borough neither endorses nor supports any of the facilities listed herein.

04/17
## ADULT DAY PROGRAM

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Gallen Adult Day Ctr. at Jewish Home</td>
<td>10 Link Drive, Rockleigh, NJ 07647</td>
<td>201-750-4243</td>
</tr>
<tr>
<td>New Life Adult Medical Day Care</td>
<td>340 Evelyn Street, Paramus, NJ 07652</td>
<td>201-265-0606</td>
</tr>
</tbody>
</table>

## LONG TERM CARE

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bergen Regional Medical Center</td>
<td>230 East Ridgewood Avenue, Paramus, NJ 07652</td>
<td>201-967-4073 • <a href="http://www.bergenregional.com">www.bergenregional.com</a></td>
</tr>
<tr>
<td>Dellridge Health and Rehab Center</td>
<td>532 Farview Avenue, Paramus, NJ 07652</td>
<td>201-265-5600 • <a href="http://www.dellridge.com">www.dellridge.com</a></td>
</tr>
<tr>
<td>NJ Veterans Memorial Home</td>
<td>1 Veterans Drive, Paramus, NJ 07652</td>
<td>201-634-8200</td>
</tr>
<tr>
<td>Villa Marie Claire, Hospice &amp; Palliative Care</td>
<td>12 W Saddle River Rd., Saddle River, NJ 07458</td>
<td>201-833-3188</td>
</tr>
</tbody>
</table>

## ASSISTED LIVING

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Brightside Manor</td>
<td>300 Teaneck Road, Teaneck, NJ 07666</td>
<td>201-692-1000 • <a href="http://www.brightsidemanor.org">www.brightsidemanor.org</a></td>
</tr>
<tr>
<td>Brookdale at Paramus</td>
<td>186 Paramus Road, Paramus, NJ 07652</td>
<td>201-251-9600</td>
</tr>
</tbody>
</table>

## SENIOR SERVICES

<table>
<thead>
<tr>
<th>Program Name</th>
<th>Address</th>
<th>Phone Number</th>
</tr>
</thead>
<tbody>
<tr>
<td>Bergen Co Div of Senior Services</td>
<td></td>
<td>201-336-7400</td>
</tr>
<tr>
<td>Paramus Senior Center</td>
<td></td>
<td>201-265-2100 x6120</td>
</tr>
</tbody>
</table>

## HOME CARE

### HomeWell Senior Care
Licensed • Bonded • Insured
201-487-9220
email: andre@homewellseniorcare.com

### Holy Name Home Care
Insurance Accepted
201-833-3740

### Visiting Homemaker
Home Health Aide Service of Bergen County
98 Union Street, Hackensack
201-488-0041 x12 Cheercallers x15
www.vhsbc.com

## MENTAL HEALTH

### CBHCare Wellness & Support Center
569 Broadway, Westwood • 201-957-1800
www.cbhcare.com WALK-INSWELCOME
Adolescent programs: Hacksk 201-646-0333

### Care Plus Mental Health Ctr:
Out-Patient, Partial-Care, Family Outreach Services
610 Valley Health Plaza Rd, Paramus
201-265-8200 • www.careplusnj.org

### Perform Care:
Children and Family Services: 1-877-652-7624

### Psychiatric Emergency Screening Prgm
(PESP) 201-262-HELP (hotline)

### ALCOHOL and SUBSTANCE ABUSE Resources & Treatment
AA/Alanon: www.njaaa.org. Enter a zip code for meeting locations.

### Access Center for Mental Health and Substance Abuse Services at BRMC
230 East Ridgewood Avenue, Paramus
800-730-2762 • www.bergenregional.com

## NEW PATHWAY AKA S.O.A.R.
### Alcohol/Substance Out-Patient
20 Powers Dr, Paramus 201-436-1022

## LEGAL

### Mental Health Law Project:
One Bergen Co. Plaza, Hackensack
201-634-2762

### Bergen Co. Legal Aid:
201-487-2166

## HOUSING/RESIDENTIAL

### BC Affordable Housing
CHIP: 201-968-0200

### Fair Housing Council:
201-489-3552

### Family-Only Shelter:
201-833-8009

### Homeless Shelter:
201-336-6475 120 S. River St, Hackensack

### HUD - Urban League of Englewood
for ‘underwater/refinance’ 201-568-4988;

### Paramus Affordable Senior Housing
Walter Behnke Complex, 201-845-8090

### Parkview Affordable Housing
In Paramus: 201-836-4500

### Paramus Housing Liaison
201-265-2100 x2221

### Villa Marie Claire, Hospice & Palliative Care
12 W Saddle River Rd., Saddle River, NJ 07458
201-833-3188